

**Final Eligibility Committee List**  
**(for moves during March 2026)**



First Name	Last Name	Age Group	Origin Club	Destination Club	Region	Date Of Move
Norman	Biggs	Senior	Sarn Helen	Brecon AC	East Wales	26/03/2026
Heidi	Crabb	U15	Chepstow Harriers	Newport Harriers	East Wales	05/03/2026
Lewis	Crabb	U15	Chepstow Harriers	Newport Harriers	East Wales	05/03/2026
Andrew	Dickens	Senior	Pont-Y-Pwl & District Runners	Griffithstown Harriers	East Wales	23/03/2026
Samuel	Morley	U20	Pont-Y-Pwl & District Runners	Newport Harriers	East Wales	01/03/2026
Cameron	Prior	U15	Newport Harriers	Chepstow Harriers	East Wales	03/03/2026
Rhys	Samuel	Senior	Cardiff Athletics	Parc Bryn Bach Running Club	East Wales	24/03/2026
Douglas	Wallwork	U15	Chepstow Harriers	Newport Harriers	East Wales	06/03/2026
Evie	Hughes	U17	Wrexham AAC	Deeside AAC	North Wales	10/03/2026
George	Hughes	U13	Wrexham AAC	Deeside AAC	North Wales	10/03/2026
Grace	Hughes	U15	Wrexham AAC	Eryri Harriers	North Wales	07/03/2026
Alison	Allen	Senior	Ogmore Phoenix Runners	Cornelly Striders AC	South Wales	18/03/2026
Freya	Allen	Senior	Ogmore Phoenix Runners	Porthcawl Runners	South Wales	31/03/2026
Mergime	Behrami	Senior	Pencoed Panthers	Bridgend Athletics	South Wales	08/03/2026
Jonathan	Bonville-Ginn	Senior	CDF Runners	Les Croupiers	South Wales	15/03/2026
Julie	Chamberlain	Senior	Cardiff Athletics	Les Croupiers	South Wales	05/03/2026
Iolo	Grant	Senior	Cardiff Archers	Cardiff Athletics	South Wales	05/03/2026
Pippa	Hayes	Senior	Pencoed Panthers	Bridgend Athletics	South Wales	07/03/2026
Rebecca	Horton	Senior	Albany Road Run Club	Dragons Running Club	South Wales	24/03/2026
Nicola	Jenkins	Senior	Pencoed Panthers	Bridgend Athletics	South Wales	07/03/2026
Cerys Rhian	John	Senior	Pencoed Panthers	Bridgend Athletics	South Wales	08/03/2026
Henry	McMillan	U13	Cardiff Archers	Cardiff Athletics	South Wales	25/03/2026
Paul	Morton	Senior	CDF Runners	Penarth & Dinas Runners	South Wales	11/03/2026
Hannah	Player	Senior	Pencoed Panthers	Bridgend Athletics	South Wales	13/03/2026
Oliver	Williams	Senior	Les Croupiers	San Domenico RC	South Wales	19/03/2026
Oliver	Williams	Senior	San Domenico RC	Les Croupiers	South Wales	29/03/2026
Sion	Woodhouse	U11	Neath Harriers	Bridgend Athletics	South Wales	27/03/2026
Fiona	Wookey	Senior	Pencoed Panthers	Bridgend Athletics	South Wales	07/03/2026
Lauren	Hill	Senior	Cardiff Athletics	Swansea Harriers	West Wales	31/03/2026
Owain	Lloyd Hughes	Senior	Neath Harriers	Swansea Harriers	West Wales	03/03/2026
Caryl	Williams	Senior	Llanelli AC	Tri Potential	West Wales	11/03/2026
Lily	Williams	U20	Celtic Tri	Neath Harriers	West Wales	01/03/2026